

# HELGI'S

HARBOUR STREET • KIRKWALL

## LUNCH MENU

### SOUP & SANDWICH DEAL - £8.95 **GF\***

A bowl of today's soup and a sandwich or toastie, on white or granary bread, with one of the below fillings. Served with side salad and coleslaw

CORONATION CHICKEN (2/4/7)

BARBECUE CHICKEN (2/4/7/9/14)

CHEESE & HAM (2/4/7)

TUNA MAYO (2/4/5/7)

VEGAN CHEESE **V+** (2/13)

### BAKED POTATO - £9.95

A large baked potato with your choice of filling from the above list, served with side salad and coleslaw.

Also available **BAKED BEANS** (2/4) & **CHILLI CON CARNE** (1/2/14)

### FISH GOUJON SANDWICH - £10.95

Battered haddock goujons in toasted crusty bread, with mushy peas and tartare sauce, served with salad and coleslaw on the side (1/2/4/5/14)

### HAGGIS & CHEESE TOASTIE - £9.95

Local butcher haggis with cheese toasted & served with salad and coleslaw on the side (2/4/7/13/14)

### SMOKED RAREBIT TOASTIE - £8.95 **V**

Toasted crusty bread topped with smoked cheesy rarebit, served with salad and coleslaw on the side (2/4/7/9/14)

### KATSU CHICKEN SALAD - £12.95

Chicken breast coated in Panko breadcrumbs served on a bed of house salad and drizzled with a Katsu mayonnaise sauce (4/7/9/14)

### CHIPOTLE TOFU SALAD - £11.95 **V+**

Marinated Chipotle tofu bites served on a bed of house salad and drizzled with a vegan Katsu mayonnaise (9/13/14)

### ALLERGENS

1 - Celery 2 - Cereals (Wheat, Gluten) 3 - Crustaceans 4 - Eggs 5 - Fish 6 - Lupin 7 - Milk  
8 - Molluscs 9 - Mustard 10 - Nuts (Treenuts) 11 - Peanuts 12 - Sesame Seeds  
13 - Soya 14 - Sulphur Dioxide

**V** - Vegetarian **V+** - Vegan **GF** - Gluten Free - Please state Vegan or Gluten Free when ordering